

## LUNDI



30

## MARDI

SALADE DE BETTERAVES  
BOULETTES DE BOEUF SAUCE TOMATE,  
BASILIC  
RIZ BLANC  
YAOURT

1

## MERCREDI

BATONNETS DE CONCOMBRE ET  
CAROTTES  
PIZZA DAY  
YAOURT

2

## JEUDI

CAROTTES RAPÉES, VINAIGRETTE  
PENNE AU BEURRE, SAUCE TOMATE  
FRUIT DU JOUR

3

## VENDREDI

SALADE DE LAITUE CROQUANTE  
BURGER DE BOEUF MAISON  
POMMES DE TERRE RÔTIÉS AU  
ROMARIN  
POISSON DU JOUR  
FROMAGE

4

SALADE DE TOMATES, VINAIGRETTE  
BATONNETS DE POULET PANÉ MAISON  
COQUILLETES AU BEURRE  
FRUIT DU JOUR

7

BATONNETS DE CONCOMBRES ET  
CELERI  
HOT DOG AU BOEUF  
POMMES DE TERRE RÔTIÉS AU  
ROMARIN

YAOURT

8

SALADE DE LAITUE CROQUANTE  
PIZZA DAY  
FRUIT DU JOUR

9

SALADE CAESAR  
MAC AND CHEESE  
FRUIT DU JOUR

10

SALADE DE BETTERAVES  
BURGER DE BOEUF MAISON  
POMMES DE TERRE RÔTIÉS AU  
ROMARIN  
POISSON DU JOUR

BROWNIE AU CHOCOLAT MAISON 11



14

CAROTTES RAPÉES, CANNERBERS  
PENNE A LA BOLOGNAISE  
FRUIT DU JOUR

15

SALADE DE TOMATES ET VIANIGRETTE  
PIZZA DAY  
FROMAGE

16

CONCOMBRES AU YAOURT  
RAVIOLIS AU FROMAGE, SAUCE  
TOMATE ET BASILIC  
FRUIT DU JOUR

17

SALADE CÉSAR  
BURGER DE BOEUF MAISON  
POMMES DE TERRE RÔTIÉS AU  
ROMARIN  
POISSON DU JOUR

FROMAGE

18

SALADE DU JOUR  
CUBES DE BLANC DE POULET À LA  
CRÈME  
PENNE AU BEURRE  
FRUIT DU JOUR

21

CONCOMBRES AU YAOURT  
BOEUF SAUTÉ  
RIZ BLANC  
FRUIT DU JOUR

22

BATONNETS DE CONCOMBRES ET  
CELERI  
PIZZA DAY  
FRUIT DU JOUR

23

SALADE LAITUE CROQUANTE  
LASAGNES BOLOGNAISE MAISON AU  
BOEUF  
FROMAGE

24

CAROTTES RAPÉES  
BURGER DE BOEUF MAISON  
POMMES DE TERRE RÔTIÉS AU  
ROMARIN  
POISSON DU JOUR

BROWNIE AU CHOCOLAT MAISON 25

SALADE DE TOMATE, VINAIGRETTE  
BÂTONNETS DE POULET PANÉ MAISON,  
COQUILLETES AU BEURRE  
FRUIT DU JOUR

28

SALADE CÉSAR  
BOULETTES DE BOEUF SAUCE TOMATE,  
BASILIC  
RIZ BLANC  
YAOURT

29

CAROTTES RAPÉES, VINAIGRETTE  
PIZZA DAY  
FRUIT DU JOUR

30

SALADE DE BETTERAVES  
PENNE SAUCE CRÈME ET PARMESAN  
FROMAGE

31



# MENU OF THE MONTH FOR OCTOBER 2024 (ST JOSEPH SCHOOL)

## MONDAY



30

## TUESDAY

BEET SALAD  
BEEF MEATBALLS WITH TOMATO AND  
BASIL SAUCE  
WHITE RICE, STEAMED CARROTS AND  
BROCCOLI

YOGURT

1

## WEDNESDAY

CUCUMBER AND CARROT STICKS

PIZZA DAY

YOGURT

2

## THURSDAY

GRATED CARROTS, VINAIGRETTE

BUTTER PENNE, TOMATO SAUCE

FRUIT OF THE DAY

3

## FRIDAY

CRISP LETTUCE SALAD

HOMEMADE BEEF BURGER  
ROASTED POTATOES WITH ROSEMARY  
FISH OF THE DAY

CHEESE

4

TOMATO SALAD WITH VINAIGRETTE  
ROASTED CHICKEN DRUMSTICK  
GREEN BEANS SAUTÉED IN GARLIC  
COQUILLETES WITH BUTTER

FRUIT OF THE DAY

7

CUCUMBER, RADISH AND FETA SALAD

BEEF HOT DOG  
ROASTED POTATOES WITH ROSEMARY

YOGHURT

8

CRISP LETTUCE SALAD

PIZZA DAY

FRUIT OF THE DAY

9

CAESAR SALAD

MAC AND CHEESE  
BUTTERED PEAS

FRUIT OF THE DAY

10

BEET SALAD

HOMEMADE BEEF BURGER  
ROASTED POTATOES WITH ROSEMARY  
FISH OF THE DAY

HOMEMADE CHOCOLATE BROWNIE

11



14

GRATED CARROTS, CANNERBERS

PENNE BOLOGNESE

FRUIT OF THE DAY

15

TOMATO SALAD WITH VIANIGRETTE

PIZZA DAY

CHEESE

16

CUCUMBERS WITH YOGHURT  
CHEESE RAVIOLI WITH TOMATO AND  
BASILIC SAUCE

FRUIT OF THE DAY

17

SALAD CÉSAR  
HOMEMADE BEEF BURGER  
ROASTED POTATOES WITH ROSEMARY  
FISH OF THE DAY

CHEESE

18

SALAD OF THE DAY

CHICKEN BREAST CUBES WITH CREAM  
SAUCE  
PENNE WITH BUTTER

FRUIT OF THE DAY

21

CUCUMBERS WITH YOGHURT

SAUTEED BEEF  
WHITE RICE

FRUIT OF THE DAY

22

CUCUMBER AND CELERY STICKS

PIZZA DAY

FRUIT OF THE DAY

23

CRISP LETTUCE SALAD

LASAGNE BOLOGNAISE MAISON AU  
BOEUF

CHEESE

24

GRATED CARROTS, VINAIGRETTE  
HOMEMADE BEEF BURGER  
ROASTED POTATOES WITH ROSEMARY  
FISH OF THE DAY

HOMEMADE CHOCOLATE BROWNIE

25

TOMATO SALAD WITH VINAIGRETTE  
HOMEMADE BREADED CHICKEN STICKS,  
PEAS,  
COQUILLETES WITH BUTTER

FRUIT OF THE DAY

28

CAESAR SALAD

HOMEMADE BEEF MEATBALLS WITH  
TOMATO BASIL SAUCE  
WHITE RICE

YOGURT

29

GRATED CARROTS, VINAIGRETTE

PIZZA DAY

FRUIT OF THE DAY

30

BEET SALAD

PENNE WITH PARMESAN CREAM SAUCE  
GREEN BEANS SAUTÉED IN GARLIC

CHEESE

31

